

# Curriculum Overview



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>R</b>	Introduction to PE	Dance	Gymnastics	Ball Skills	Athletics	Games
	Bikes and Scooters					
<b>1</b>	Fundamentals	Invasion	Gymnastics	Fitness	Athletics	Striking / Fielding
	Ball Skills	Dance	Sending and Receiving	Team Building	Net / Wall	Target Games
<b>2</b>	Fundamentals	Invasion	Gymnastics	Fitness	Athletics	Striking / Fielding
	Ball Skills	Dance	Sending and Receiving	Team Building	Net / Wall	Target Games
<b>3</b>	Fundamentals	Football	Gymnastics	Dance	Athletics	Cricket
	Netball	Tag Rugby	Dodgeball	OAA	Swimming	Swimming
<b>4</b>	Fitness	Hockey	Gymnastics	Dance	Athletics	Cricket
	Netball	Tag Rugby	Swimming	Swimming	Tennis	OAA
<b>5</b>	Fitness	Tag Rugby*	Indoor Athletics	Dance	Athletics	Rounders
	Basketball*	Gymnastics	Football	OAA	Tennis	Cricket
<b>6</b>	Fitness	Tag Rugby*	Gymnastics	Badminton	Athletics	Cricket
	Basketball*	Hockey	Indoor Athletics	Dance	Tennis	Rounders

\*Swimming Boosters for Yr 5/6 in Autumn